

Grundschule Hohenfels

Menu January 2019



Montag	Dienstag	Mittwoch	Donnerstag
7	8	9	10
Falafel falls with Couscous and Vegetables Dip "Garden herbs"	Rice-Vegetable stir-fry with Alaska Pollock fish nuggets	Chicken-filet in cream sauce with potatoes	Vegetable soup with noodles Semolina Pudding with strawberry sauce
14	15	16	17
Alaska Pollock fish filet „Toskana“ with rice and vegetables	Chicken Nuggets Potato wedges Stir-fry vegetables in herb butter	Vegetarian Potato soup Rice pudding with plum compote	Noodles in meat sauce Bolognese
21	22	23	24
Chicken-Curry sausage in mild tomato sauce French fries	Alaska Pollock fish nuggets with dip and mashed potatoes	Mini-Vegetable Ravioli in tomato sauce	Buffet
28	29	30	31
Mild Cheese Spaetzle	Bratwurst (pork) with dinner rolls	Yeast dumplings with vanilla sauce	Chicken breast filet with rice and tomato sauce "Italia"

